

# ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Gravy - Ind Prep	✗	✓ Barley ✓ Wheat	✗	✓	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
ROAST POTATOES	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Roast Beef Pri	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗

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EDAMAME BEAN & CHIVE FRITTATA FFL	✗	✗	✗	✓	✗	✗	✓	✗	✗	✗	✗	✗	✓	✗

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SEASONAL FRUIT PLATTER	×	×	×	×	×	×	×	×	×	×	×	×	×	×
YOGHURT	×	×	×	×	×	×	✓	×	×	×	×	×	×	×
Milk-Ind Prep	×	×	×	×	×	×	✓	×	×	×	×	×	×	×
ASSORTED JACKET POTATOES	×	×	×	✓	✓	×	✓	×	✓	×	×	×	×	×
JACKET POTATO WITH BAKED BEANS PRIMARY	×	×	×	×	×	×	×	×	×	×	×	×	×	×
Jacket Potato with Cheese and Beans - Ind Prep	×	×	×	×	×	×	✓	×	×	×	×	×	×	×
JACKET POTATO WITH CHEESE PRIMARY	×	×	×	×	×	×	✓	×	×	×	×	×	×	×
JACKET POTATO WITH TUNA PRIMARY	×	×	×	✓	✓	×	×	×	✓	×	×	×	×	×
VEGETABLE CHILLI	×	×	×	×	×	×	×	×	×	×	×	×	×	×
Baked Jacket Potatoes-Ind Prep	×	×	×	×	×	×	×	×	×	×	×	×	×	×
Jacket potato with salmon and tuna	×	×	×	✓	✓	×	×	×	✓	×	×	×	×	×

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Fresh Banana & Mini Choc Brownie Pri FFL	✗	✔ Wheat	✗	✔	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗
Chocolate Brownies	✗	✔ Wheat	✗	✔	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗

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Roasted Vegetables - Ind Prep	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Green Beans - Ind Prep	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗

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