

ALLERGEN CARD

Recipe	Allergens													
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Garlic and Herb Bread Wedge - Ind Prep	✗	✔ Wheat	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Traditional Lasagne - Ind Prep	✗	✔ Wheat	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗

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Basmati Rice Pri	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Roast Cauliflower & Chickpea Korma PRI	✗	✗	✗	✗	✗	✗	✓	✗	✓	✗	✗	✗	✗	✗

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SEASONAL FRUIT PLATTER	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
YOGHURT	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
Milk-Ind Prep	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
ASSORTED JACKET POTATOES	✗	✗	✗	✓	✓	✗	✓	✗	✓	✗	✗	✗	✗	✗
JACKET POTATO WITH BAKED BEANS PRIMARY	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Jacket Potato with Cheese and Beans - Ind Prep	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
JACKET POTATO WITH CHEESE PRIMARY	✗	✗	✗	✗	✗	✗	✓	✗	✗	✗	✗	✗	✗	✗
JACKET POTATO WITH TUNA PRIMARY	✗	✗	✗	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗	✗
VEGETABLE CHILLI	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Baked Jacket Potatoes-Ind Prep	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Jacket potato with salmon and tuna	✗	✗	✗	✓	✓	✗	✗	✗	✓	✗	✗	✗	✗	✗

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YOGHURT WITH FOREST FRUIT COMPOTE PRI	✗	✗	✗	✗	✗	✗	✔	✗	✗	✗	✗	✗	✗	✗

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Garden Peas-Ind Prep	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗
Chop Chop Salad Pri	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗	✗

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